



**SAMARKAND STATE ARCHITECTURE
AND CONSTRUCTION UNIVERSITY**
named after Mirzo Ulugbek



"A healthy society is the foundation of happiness and sustainable progress!"

At Samarkand State University of Architecture and Construction, in order to effectively organize activities aimed at protecting and promoting students' health and ensuring preventive measures, cooperation has been established with the following institutions:

- The Ministry of Health of the Republic of Uzbekistan,
- The Samarkand Regional Health Department,
- The Regional Multidisciplinary Hospital,
- The Sanitary and Epidemiological Station (SES),
- The University Medical Center,
- The AIDS Prevention and Control Center,
- The Narcological Dispensary,
- The Tuberculosis Dispensary,
- The Oncology Center.



A psychodiagnostic seminar-training was organized at the university to study the psychological state of students and provide them with mental and emotional support. The event was attended by the faculty administration, deputy deans, and tutors. The seminar-training was conducted by university psychologists, and its main goal was to assess students' seasonal psychological conditions such as anxiety, stress, and depression.

During the event, the psychological “Hadis” methodology was applied to analyze students' emotional and psychological states, and detailed explanations were provided on how these factors affect personal development. At the end of the seminar, students received answers to their questions and familiarized themselves with practical recommendations from psychologists.

Throughout 2024, more than 30 such psychological seminar-trainings will be held. These sessions are conducted not only for university staff and students but also in community centers, colleges, schools, and technical institutions to promote mental well-being and psychological awareness.





At the Mirzo Uugbek Samarkand State University of Architecture and Construction, a number of effective events have been regularly held to combat drug addiction. In addition, a special report dedicated to June 26 — the International Day Against Drug Abuse and Illicit Trafficking — was prepared and posted on the university's official Telegram channel. (<https://t.me/samdaqueduuz/27620>)

